

# You Are the Rescuer

## Discussion Resources

Expect the 2009 “You Are the Rescuer” (YATR) exercise to be in a guided discussion format. If you are well prepared, you’ll be able to definitively say:

- + I can discuss my possible solution in a guided discussion format;
- + I can listen to other possible solutions;
- + I can offer constructive feedback to all suggested solutions in a guided discussion format.

As a refresher participant, you should carefully read the scenarios on the following pages and formulate your rescue plan. You should also compose your own scenario, keeping in mind local needs and protocols.

The scenarios are based on actual incidents. Regardless of where the incident occurred—on the slopes, in water or during the summer at an event you attended—we are OEC technicians all year. Using the matrix below, formulate your opinions on the leading questions. Potential discussion points have been suggested for each leading question, but these should not be considered comprehensive.

Remember: There are many possible correct answers. Solving the problem alone is not the objective; a guided discussion of all the possible solutions (including yours) is. Try to adapt the scenarios to your local needs and consider your local protocols. Ask yourself and the other refresher participants, “Does the solution meet the care objectives?”

### LEADING QUESTIONS

### DISCUSSION POINTS

As you approach this patient, what are your priorities?	Describe and discuss what you would do to: <ul style="list-style-type: none"> <li>• Ensure scene safety</li> <li>• Manage the scene</li> <li>• Assess the patient</li> </ul>
What possible problems do you think the patient may have?	Identify potential problems/signs and symptoms of each problem.
What resources might you need to manage this patient/situation?	For example: <ul style="list-style-type: none"> <li>• Equipment</li> <li>• Human resources</li> <li>• Resources needed at base</li> </ul>
What emergency care does this patient require?	Describe and discuss: <ul style="list-style-type: none"> <li>• Immediate emergency care needs</li> <li>• Needs during transport</li> <li>• In the patrol room</li> <li>• Important considerations</li> </ul>
What problem(s) might you encounter as you manage the scene?	For example: <ul style="list-style-type: none"> <li>• Complications with patient</li> <li>• Crowd control</li> <li>• Challenging terrain</li> </ul>
What are your transport considerations?	For example: <ul style="list-style-type: none"> <li>• From the accident scene to the base facilities</li> <li>• ALS/BLS?</li> <li>• Air ambulance?</li> </ul>
How would your emergency care of this patient differ if you were to have responded to this accident in a different season or activity?	